"Learning and growing together in the light of God's love"

St Joseph's Catholic Primary School

RSE Curriculum Map 2026 - 27

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Zones of Regulation Ready, Respectful, Safe	**KS1 Module 1, Unit 1** Story Sessions Handmade with love	**KS1 Module 1, Unit 2** I Am Me Heads, Shoulders, Knees and Toes Ready Teddy? + Classroom Shorts	**KS1 Module 1, Unit 3** I Like, You Like, We All Like! All The Feelings! Let's Get Real	**KS1 Module 1, Unit 4** Growing Up New People, New Places + Classroom Shorts **Module 3, Unit 1** God is Love Loving God, Loving Others	**KS1 Module 3, Unit 2** Me, You, Us When I Grow Up… + Classroom Shorts 'Money Doesn't Grow on Trees' + Classroom Shorts
Year 1	Zones of Regulation Ready, Respectful, Safe	**KS1 Module 1, Unit 1** Story Sessions: Let the Children Come **KS1 Module 2, Unit 1** God loves you	**KS1 Module 2, Unit 2** Special People + Classroom Shorts Treat Others Well… …and Say Sorry	**KS1 Module 2, Unit 4** Good and Bad Secrets Physical Contact **(not FGM)** Harmful Substances Can You Help Me? (Part 1) Can You Help Me? (Part 2)	**KS1 Module 3, Unit 1** Three In One Who is My Neighbour?	**KS1 Module 3, Unit 2** The Communities We Live In Who Will I Be? + Classroom Shorts
Year 2	Zones of Regulation Ready, Respectful, Safe	**KS1 Module 1, Unit 1** Let the Children Come	**KS1 Module 1, Unit 2** I Am Unique Girls and Boys (genitalia) Clean and Healthy (My Body) + Classroom Shorts	**KS1 Module 1, Unit 3** Feelings, Likes and Dislikes Feeling Inside Out Super Susie Gets Angry	**KS1 Module 1, Unit 4** The Cycle of Life Beginnings and Endings Change Is All Around + Classroom Shorts **KS1 Module 2, Unit 3** Real Life Online Rules To Help Us	**KS1 Module 3, Unit 1** Three In Who is My Neighbour? **KS1 Module 3, Unit 2** The Communities We Live In Needs and Wants + Classroom Shorts

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Year 3	Zones of Regulation Ready, Respectful, Safe	**LKS2 Module 1, Unit 1** Get Up! The Sacraments **LKS2 Module 2, Unit 1** Jesus, my friend	**LKS2 Module 2, Unit 2** Family, Friends and Others…+ Classroom shorts When Things Feel Bad Balancing needs **LKS2 Module 2, Unit 3** Sharing Online Chatting Online + Classroom Shorts	**LKS2 Module 2, Unit 4** Safe In My Body **(not FGM sessions)** Recognising risk + classroom shorts Drugs, Alcohol and Tobacco First Aid Heroes Rights and Responsibilities + Classroom Shorts	**LKS2 Module 3, Unit 1** A Community of Love What is the Church?	**LKS2 Module 3, Unit 2** How Do I Love Others? Working Together + Classroom Shorts
Year 4	Zones of Regulation Ready, Respectful, Safe	**LKS2 Module 1, Unit 1** Story Sessions: Get Up!	**LKS2 Module 1, Unit 2** We Don't Have to be the Same Respecting our Bodies + Classroom Shorts What is Puberty? Changing Bodies Male/Female Discussion Groups (optional)	**LKS2 Module 1, Unit 3** What Am I Feeling? + Classroom Shorts What Am I Looking At? I Am Thankful	**LKS2 Module 1, Unit 4** Life Cycles A Time For Everything Big Changes, Little Changes + Classroom Shorts	**LKS2 Module 3, Unit 1** A Community of Love What is the Church? **LKS2 Module 3, Unit 2** How Do I Love Others? Money Matters + Classroom Shorts
Year 5	Zones of Regulation Ready, Respectful, Safe	**UKS2 Module 1, Unit 1** Story Sessions: Calming the Storm **UKS2 Module 2, Unit 1** God Is Calling You	**UKS2 Module 2, Unit 2** Under Pressure + Classroom Short Do You Want A Piece of Cake? Self-Talk **UKS2 Module 2, Unit 3** Sharing Isn't Always Caring Cyberbullying + Classroom Shorts	**UKS2 Module 2, Unit 4** Types of Abuse + Classroom Shorts **(Not FGM)** Impacted Lifestyles + Classroom Shorts Making Good Choices Giving Assistance	**UKS2 Module 3, Unit 1** The Holy Trinity Catholic Social Teaching	**UKS2 Module 3, Unit 2** Reaching Out The World of Work + Classroom Shorts

Year 6	Zones of Regulation Ready, Respectful, Safe	**UKS2 Module 1, Unit 1** Story Sessions: Calming the Storm **UKS2 Module 1, Unit 2** Gifts and Talents Girls' Bodies (teach boys and girls separately) Boys' Bodies (teach boys and girls separately) Spots and Sleep + Classroom Shorts	**UKS2 Module 1, Unit 3** Body Image Peculiar Feelings Emotional Changes Seeing Stuff Online (Pornography)	**UKS2 Module 1, Unit 4** Making Babies (Part 1) Making Babies (Part 2) Menstruation Hope Beyond Death Coping with Change + Classroom Shorts	**UKS2 Module 2, Unit 2** Confidence vs Control Building others up + Classroom shorts - only use: Recognise Respond	**UKS2 Module 3, Unit 1** The Holy Trinity Catholic Social Teaching **UKS2 Module 3, Unit 2** Reaching Out Money and Me + Classroom Shorts
EDI	Careers week Black History Month Anti-bullying week International Day					

Sessions indicated in green include key decisions.